

www.theagiot.com

Tel: (0030) 6974932408

# The Agiot

142nd Edition



## *'Never The Bride'*

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Never The Bride

<https://NeverTheBride.lnk.to/LoveFinds>

It's here, Agiotfest 19. Don't miss this one.

Come along and have fun.

The International Fun Festival.

Our fabulous musicians are raring to go with two solid nights of music, at our fabulous new venue at Fest Camp, Vasilika, Agios Ioannis, Corfu.

*A special welcome to the fabulous Rainbow Girls, who are travelling 6000 miles, from San Francisco, to entertain us all! We are dedicated to players from all over the world!*



Rainbow Girls

<https://www.youtube.com/watch?v=uzF9sUCsRm0&list=RDcuxWGKIWIak&index=4>



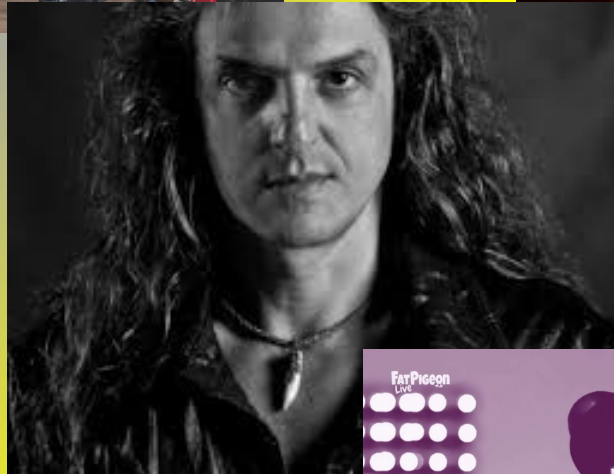
Continued from Page 2



*7 Mile Limit*

*George Gakis*

>



*Black Strat Band*



*Stuart Craig Band*



*Pigman*



*Champion Fans*



*Sonia Grammatikou*



*Continued from Page 3*

There will be free coaches from the North, starting at Sidari, the West, starting at Ag. Giordis, the south from Messonghi, and from Corfu Town. Enquire at: -

NORTH: Ken on [0030-6944131853]

OTHER AREAS: Paul on [0030-6974932408] or Jan on [0030 6982115192]

### **Agiotfest 19 Coach Time Table – NORTH**

#### **Friday 30th August 2019**

<b>Location</b>	<b>Time</b>
Sidari Jeni's/Three little pigs.	5.30pm (17.30)
Roda Roda Tropicana	5.50pm (17.50)
Ipsos Sally's Bar	6.40pm (18.40)
Agiotfest	7.15pm (19.15)

#### **Saturday 31<sup>st</sup> August 2019**

<b>Location</b>	<b>Time</b>
Sidari Jennies/Three little pigs.	5.00pm (17.00)
Sidari Olympic Palace	5.05pm (17.05)
Roda Tropicana	5.35pm (17.35)
Akhara Diellas Super Mkt	5.40pm (17.40)
Almiros	-----#-----
Perithia Ice Dream	5.50pm (17.50)
Taverna	6.00pm (18.00)
Kassiopi Spring	6.05pm (18.10)
Sinies bus stop	6.15pm (18.15)
Ipsos Sally's Bar	6.40pm (18.40)
Dassia NSK	6.45pm (18.45)
Gouvia Diellas Super Mkt turn off	6.50pm (18.55)
AgiotFest/camp site	7.15pm (19.15)

***NB Please note the above times are for leaving pick up point  
Please make sure you get to your stop in good time***

There is another chance to win  
a free ticket to Agiotfest 19.  
Go to the next article  
Hilary's Ramblings  
for full details.

Good morning Agiotfest, as told, we'll be there both days, firstly assisting with first aid if anything happens to any of the attendings. Volunteers will have a pharmacy with all needed, if an injury, faint, bite etc takes place. On the other hand, other volunteers will be handing brochures of the Hellenic Red Cross which includes everything our organisation stands for. On top of that we'll be giving key holders with the red cross logo on top, but because we cannot, we are not allowed to sell things, we'll be just giving them away, and we'll be having a money box for people to put money in, as a donation. Hope that's not a problem. It's good for the organisers to know that both of the days the department will be represented by members of the board as well. Pretty much that's what we'll be doing.

Emily.

The **Greek Red Cross** was founded on 10 June 1877 following an initiative by Queen Olga.

It was immediately recognised by the International Committee of the Red Cross and is now a member of the "family" of the International Red Cross and Red Crescent



Movement. During its long history it has remained committed to international humanitarian principles and voluntary help to fellow human beings.

The **Greek Red Cross** is the largest non-governmental organisation in Greece, with a complex mission based on voluntary action and direct response by citizens. Its aim is to relieve human suffering in time of war and peace, supporting the wounded, the sick, refugees, the elderly, the poor and people from every vulnerable population group. Its actions are based on vigilance, solidarity and altruism, and it is synonymous with disinterested service and selflessness.

The basic aims of the **Greek Red Cross** are:

- In time of war: the support and reinforcement of the Military Health Service, provision of medical treatment to the sick and wounded, and the protection of prisoners of war, the civilian population and war victims.
- In time of peace: the provision of relief and assistance to victims of disasters and epidemics, and humanitarian activities on an individual basis or in collaboration with the State and social services.



*Continued from Page 4*



***The Tower***

**YOU WON'T SEE A RANGE OF  
COVERS LIKE THIS IN CORFU  
FROM THESE BRILLIANT  
MUSICIANS.**

Tributes By

**6 MINUTE BAND**

**TOWER**

**STUART CRAIG BAND**

**BLACK STRAT BAND**

**GEORGE GAKIS**

**HERE IS THE FULL LINEUP FOR THE TWO NIGHTS**

## Ticket Distributors

Paul McGovern - OCAY Office  
(0030) 6974932408

Jan - OCAY office - (0030) 6982115192

Paul Scotter - (0030) 6948701369

Ken & Jan Harrop - (North Corfu) -  
(0030) 6944131853

Chas Clifton - (0030) 6945046761

Dick Mulder - (0030) 6975584507

Edem Club Dassia - (0030) 26610 93013

Ecopoint - (Natty Katehi) -  
(0030) 6979449758

Sally's Bar, Ipsos - (0030) 69785220151

Nikki (Meander Travel - The Port) -  
(0030) 6932015127

Ian Fern (St. George South) -  
(0030) 6971948113

## Ticket Prices

PRICE ADULT 1 DAY: 15 EUROS

ADULT 2 DAY: 25 EUROS

Tributes To

**AC/DC**

**LED ZEPLIN**

**ZZ TOP**

**JOE BONAMASSA**

**STEVIE RAY VAUGHAN**

**PINK FLOYD**

**DOORS**

**AND OTHERS**

*Continued on Page 6*





**11TH FANTASTIC YEAR**

**CORFU'S BRIGHTEST MUSIC CELEBRATION**

# **AGIOTFEST 2019**

**ROCK • POP • HARMONY • SWING • BLUES**

**FRIDAY GEORGE GAKIS**

**AUGUST BLACK STRAT BAND**

**30TH STUART CRAIG BAND**

**TOWER**

**6 MINUTE BAND**

**SATURDAY NEVER THE BRIDE**

**AUGUST RAINBOW GIRLS**

**31ST 7 MILE LIMIT**

**GEORGE GAKIS' BEATLES**

**PIGMAN & THE RUBBER BAND**

**SONIA GRAMMATIKOU & YANNI**

**TWO BIG NIGHTS • 7.30PM TIL LATE**

**FEST CAMP • AGIOS IOANNIS • CORFU**

**WWW.AGIOTFEST.COM**

**TELEPHONE +30 697 493 2408**





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to suit all budgets*



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*Green Island*



*Mousehouse*



*Sally's Bar*



**FESTCAMP**  
Agios Ioannis, Corfu

**Information:**  
**(0030) 6983751664**

## *Including:*

- Adrian Ward (<http://realcorfu.com>)
- Anne Hodgson
- Antoinette Goes
- Aqualand
- Avis Owen
- Barry & Stella Knight
- Big Bite Restaurant, Benitses
- Bob & Jill Carr
- Bob Bakker
- Chas Clifton
- Compass Café, Kontokali
- Corfu Trail Properties
- David Dickinson
- Derek & Carole Pullen
- Dimitris Krokidis (<http://corfuwall.gr>)
- Gouvia Marina
- Henk Van Der Does
- Hotel Telesillas, Kontokali
- In Action gym
- Jo & Mel Sperling
- Ken & Jan Harrop
- La Tabernita Mexicana
- Lennart & Sanna
- Les & Chris Woods
- Lionel Mann
- Lucy Steele M.B.E.
- Lynne Cahill
- Margareta Rodehn
- Maria. Driving School
- Martin & Tracey Stuart
- Michael Spiggos, Firebrand Radio (<http://www.firebrandrr.co.uk/michael-spiggos>)
- Mickey Lowe
- Miri Widdicombe
- Neil Hendriksen
- Nikolas's Taverna, Agni
- Nikos Pouliasis
- NSK
- Pat & Gina Brett
- Paul & Jan Scotter
- Posidonio Restaurant Agios Giordis
- Rob Tinkler
- Robert Bennett
- Sarah Young
- Sephora Shop
- Simon & Lin Baddeley
- Star Bowl
- Steve Young
- Spyros Kaloudis, Dentist
- Sue Done
- Tavola Calda
- Trevor Whybrow
- Vassilis Pandis



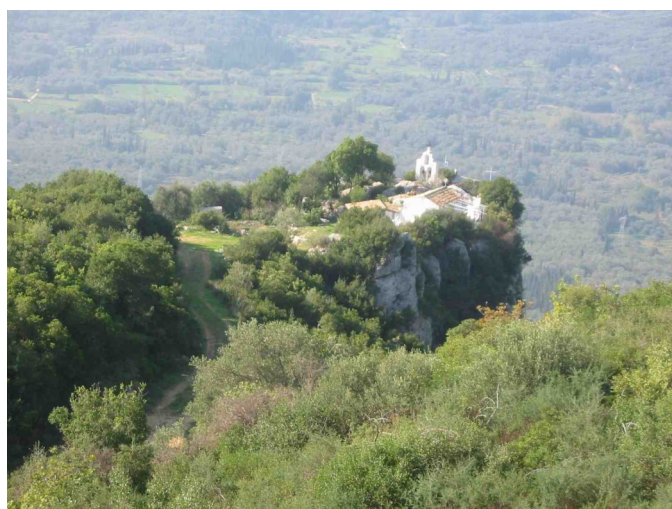
## Hilary's Ramblings Contributed by Hilary Paipeti

### Giant Spiders - and an Encounter with Evdokia

*Win a free ticket to AgiotFest by identifying two locations in this article*

THE PLACE WE WERE HEADING FOR has been described as 'definitely not in Corfu', with the added question 'is it in Meteora?' [the pinnacle-built cluster of monasteries in Central Greece].

Here's the place - and I can assure you that it is certainly in Corfu:



We set out from the nearest village - as a mountain settlement with a busy tourist presence, it is an island anomaly - soon climbing on a track to a spectacular sea and valley view. About an hour into our hike, we were at the destination, the chapel of Pantokrator (clue: not that one), which sits on a narrow rock above the plain. Fortunately, the little yard at the chapel entrance is well enclosed, and no vertigo kicks in.

Our return along what I regard as the best mountain footpath in Corfu was rendered extra exciting by a rampant population explosion of large spiders with geometrical white markings that had spun perfect webs across our route. We walked into a few before we delegated the bloke in our small party to be leader, on spider-watch. Many webs were draped across the treetops, but enough were inconveniently at face-height to turn our progress into a series of ducks and weaves. Andrew teased us with comments like 'look at the spiders' pincers!' (to which my reply was 'NEVER say spider and pincer in the same sentence), and 'I wonder how far they can JUMP!'

We observed a taste of our fate if the arachnids had been man-predator-size when we spotted a particularly juicy specimen catch and cocoon a small insect. It was a

rerun of that scene in the film of Lord of the Rings when Shelob grabs Frodo and does the same. Shudder! During the walk, I had suggested that we repair to a neighbouring village in the valley, about 15 minutes from our starting point 'to meet a venerable old resident called Evdokia'. My fellow walkers were a bit concerned. 'But an elderly village lady won't be able to speak English,' they fretted. 'Don't worry,' I assured them. 'She doesn't say a lot!'

Having extracted ourselves intact from Spider Territory, we set off to find Evdokia.

I asked first at a local shop. Yes, they knew where to find her, and I needed little guidance as to the location, as she was to be encountered right on the course of the Corfu Trail (created by yours truly in 2001). It was a short walk through the centre of this village - rather bland in appearance along its main road, but surprisingly pretty behind the grim 1970s blocks that border the highway. We passed the residence of Greek poet Gerasimos Markoras, where a couple of rooms have been maintained by his descendants as a 'shrine', and the memorial to a German bombing raid in the Second World War which killed 28 villagers, including babies. Then we headed out along the Corfu Trail to find Evdokia.

You may have guessed from my rather circumspect language that 'Evdokia' is not a person (though I would certainly term her a female). She's a very ancient olive tree that has recently been dated to around the start of the 10th century, making her one of the ten oldest living things in Europe. Here is Andrew, Spider-Hunter-in-Chief, having a good look (Photo by Kathy Irwin):



*Continued on Page 9*

*Hilary's Ramblings - Continued from Page 8*

Evdokia is a rather uncommon girls' name that locals say means either 'good deeds' or 'good opinions'. However, I have a different theory about how this particular lady got her name. Many of the folk in Corfu's villages use a dialect that replaces the verb 'tha doso' (I shall give) with 'tha doko'. They may therefore have named her 'good gifts', or, translated into idiomatic English 'the gift that keeps on giving'. Giving for over a thousand years. In the not so very far away past, just a couple of generations ago, olive oil was the main source of calories for the villagers, dunked with bread or poured on vegetables. It is a sobering thought - how many souls lived and thrived due to Evdokia's gift of life?

Andrew came up with a pertinent question: 'What is the lifespan of an olive tree?' The answer is that we just don't know. While it is difficult to kill an olive tree, some do die - or rather are victims of human activity. But when the trees' lifespan is so much longer than our own, how can we measure it? The first olive trees ever cultivated may still live.

So I would like to see the same team of dendrochronologists taking a look at a certain olive tree in Acharavi. It too has a massive footprint - and a very telling location, right next to the village's Roman Bathhouse, where olive oil was used as part of the cleansing process. Could it be that this one is older?

A last clue for the location of the village where we began the walk (Photo by Kathy Irwin):



A classic American Ford? A British telephone box? Where on earth is it? (Hint: Not Cuba)

Competition rules

- 1) You must correctly name both villages - the starting point for the walk, and the home village of Evdokia.
- 2) The first person to send this information to me at [info@corfuwalks.com](mailto:info@corfuwalks.com) will receive a FREE TICKET to AGIOTFEST.
- 3) Members of my walking group are not permitted to participate (sorry, but it's too easy for you!).

## Pine Leaves

Greece's deep problems are impossible to ignore Social and ideological problems are like potholes, mulls Richard Pine.

A single one may indicate the presence of more substantial holes.

(Irish Times)

<https://www.irishtimes.com/news/world/europe/greece-s-deep-problems-are-impossible-to-ignore-1.3943240>

Challenging received wisdom

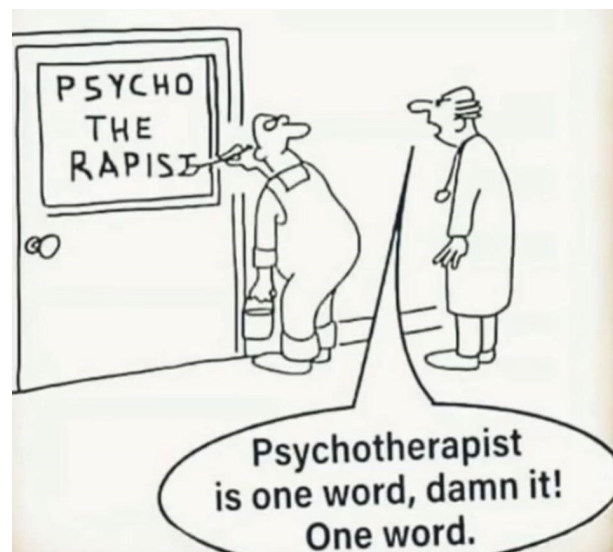
Richard Pine examines the new work by composer Dimitra Trypani, which will premiere at the Paxos Festival in September.



'Amiliti' also features lyrics by Pantelis Boukaras and art works by Corfu-based sculptor Katherine Wise. (ekathimerini) <http://www.ekathimerini.com/242747/opinion/ekathimerini/comment/challenging-received-wisdom>



## Gooners Gags



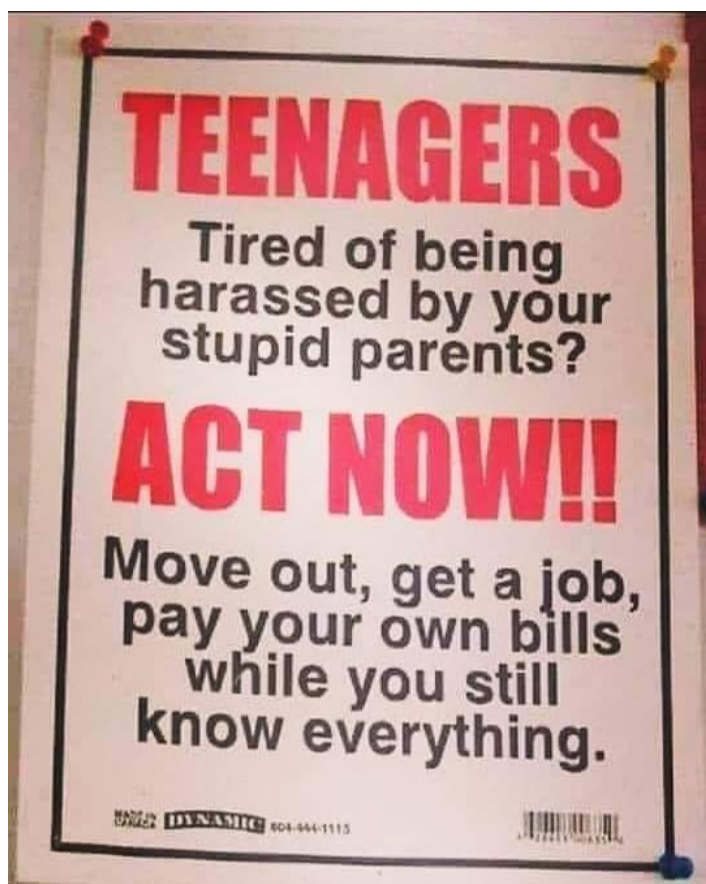
Did you know ... A pig's orgasm lasts 30 minutes. (O.M.G.!!!) ... A cockroach will live nine days without its head before it starves to death ... (Creepy ... I'm still not over the pig) ... The male praying mantis cannot copulate while its head is attached to its body ... The female initiates sex by ripping the male's head off ... (Honey, I'm home ... What the ...?) ... The flea can jump 350 times its body length ... It's like a human jumping the length of a football field ... (30 minutes ... Lucky pig! Can you imagine?) ... The catfish has over 27,000 taste buds ... (What could be so tasty on the bottom of a pond?) ... Some lions mate over 50 times a day ... (I still can't believe that pig ... quality over quantity) ... Butterflies taste with their feet ... (Something I always wanted to know) ... Elephants are the only animals that cannot jump ... (Okay, so that would be a good thing) ... A cat's urine glows under a black light ... (I wonder how much the government paid to figure that out) ... An ostrich's eye is bigger than its brain ... (I know some people like that) ... Starfish have no brains ... (I know some people like that, too) ... Polar bears are left-handed ... (Talk about a southpaw) ... Humans and dolphins are the only species that have sex for pleasure ... (What about that pig? ... Do the dolphins know about the pig?) ... Now that you've smiled at least once, it's your turn to spread these crazy facts ...

**My first objective when I get home is to change into something that makes me look like I am homeless.**





**Gooners Gags** - Continued from page 10



Since some people think that I only post inappropriate sex related and insulting posts who degrade women I have decided to post only educational and cultural things. This is the oldest bridge in Paris. It took 26 years to build it. Pont neuf was finally finished in 1604.



### MAKE UP YOUR MIND

#### HOW IS YOUR MINDSET?

- OPEN MIND
- NEVER MIND
- DON'T MIND
- MIND OWN BUSINESS
- ALWAYS MIND
- OUT OF MIND

#### *Disarming Thoughts*

*'We use so many idioms related to the mind, it is just mind-blowing.'*

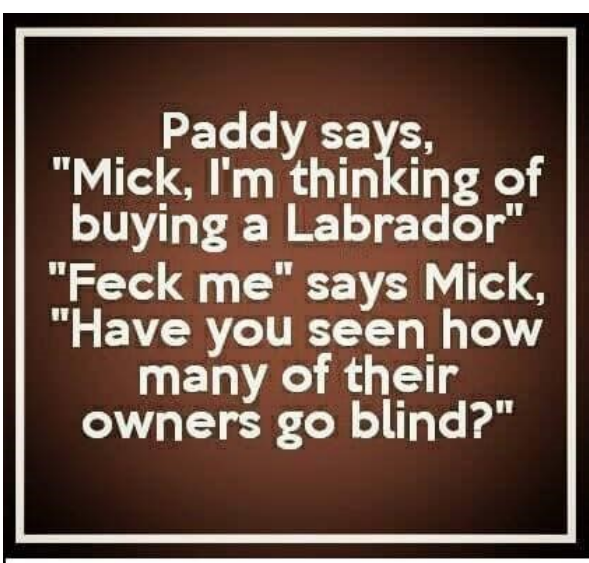
*Daniel.*

### FACEBOOK GOOF-UP

**THIS IMAGE MAY  
CONTAIN TEXT**

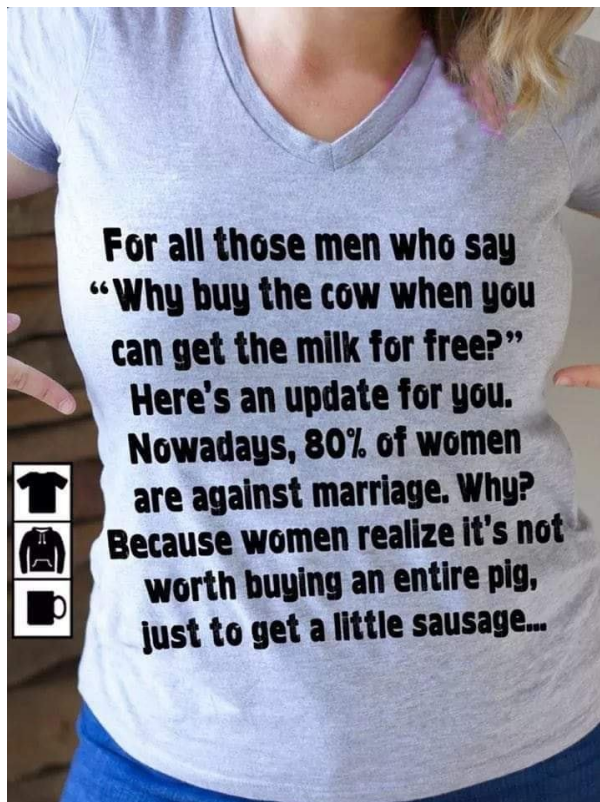
**DUH !**

#### *Disarming Thoughts*





**Gooners Gags** - Continued from page 11



**Apparently  
there's been a  
survey about  
how people  
walk home  
from the bar.  
The results are  
staggering...**

LARRYS FUNNY POSTINGS



**Paddy says  
"Why do scuba  
divers fall into the  
water backwards  
Mick?"**

**Mick says  
"If they fell  
forwards they'd  
still be in the  
fuckin boat"**

The Greek government has announced that it will stop all production of taramasalata and humous in an attempt to avoid a double dip recession 😊



# Letters to the Editor

**Rich Marsh** messages us.

Hi Agiotfest,  
I've just seen Never the Bride with the amazing Nikki Lamborn at the Upton-upon-Severn Blues Festival. If you've not seen the band before you are in for a treat. I last visited Corfu in '69 but with an ailing wife travel options are extremely limited. Just wish I could be there with you to enjoy the festival,  
Best wishes,  
Yia sas, Rich Marsh.

**Ed:** \_ Thank you for your kind words Rich. I know that you will both be with us in spirit.

**Nikki Lamborn:**

Hi Richard, Paul McGovern from the Agiofest in Corfu sent us your lovely message. We're so glad you enjoyed our performance at Upton Blues Festival, we had a wonderful time.

Sorry to hear your wife is unwell, please send her our love, I hope you can come and see us again somewhere soon it's a shame it won't be in Corfu.

Keep spreading the NTB word and enjoy our music, we have a page on Spotify, please follow us.

Peace, Love & Sunshine to you, Nikki & Been x x NTB

**Agiot Les Woods** sent this in:

4 yrs ago today all our goods arrived from the UK. Hgv broke down just outside the village, managed to get it going.  
Then it could not get container down the lane to the house!  
Had to unload contents in village square onto smaller wagon and our car to get our belongings to our house.  
Most of the stuff went thru front window!  
Funny, funny day! Good memories.



*'The Removers'*

**Janice Lawrie [ Glasgow ] from the Sensational David Bowie Tribute Band** says; -

Hey Paul! It's great to be reading the posts about this year's Agiot! All looks fab and really wishing we could have fitted a visit in. Work, gigs etc. have got in the way! Andy & I are just back from this year's motorbike excursion in Europe-taking on Czech Republic (including police!!!), Alps, Italy & the rest. Fantastic stuff! Good luck with this year's show.....we still dine out on the fun & stories from last year. Absolutely loved it! Love to Lula too xxx



*'Chris'*

Chris checking that all her wine bottles are actually empty before taking them to the recycling centre in

Temploni. 🤪🤪🤪



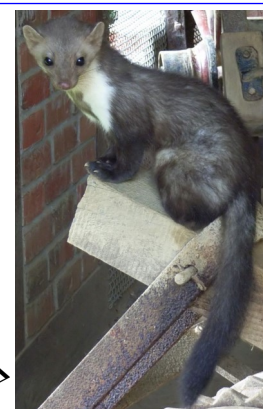
*'Andy and Janice'*

**Ed:** What a last 2018 was, eh Janice? If enough people turn up this year you just have to come back! You were special! From your photo looks like you're both having fun!! Xxx

## CORRECTION

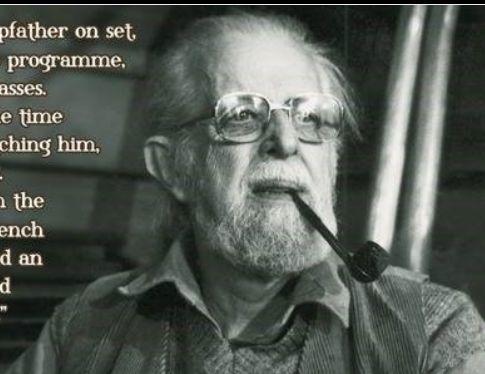
Friend and contributor Effrosyni Moschoudi put us right, that the little chap shown on the cover photo last month was in fact a Beech Marten and not a Pine Marten as described by us. Sorry.

*Beech Marten* >





"Here, long after I'd left home, is my stepfather on set, relaxed in the 'shed' he invented for the programme, a yoke of studio lights reflected in his glasses. Growing up with Jack I spent a lot of the time we weren't out of doors, in a shed - watching him, sometimes helping him, always listening. It was a comfortable space suffused with the aroma of Gallaghers Honeydew and a bench rather than a desk next to tool racks and an accumulating plethora of useful odds and ends that would have cluttered a studio."  
Simon Baddeley.



# Simon's World

## *'Jack Hargreaves'*

Having been left rights in my stepfather's work I've licensed Network on Air to publish a comprehensive collection of Jack's broadcasts. As we recover more film more DVDs will be issued, but much film has vanished so I'm doing a few fill-ins to give context to the surviving footage broadcast in the 1970s.

<https://www.youtube.com/watch?v=X9pEG4JzjYQ> from Horses & Cobs - Jack Hargreaves Old Country

Here I am at home, this morning, still in my nightgown, rehearsing one of the introductions I'm making - to be filmed by Paul Vanezis for Network this weekend - to restored episodes of 'Out of Town'; in this case footage by Jack's friend and cameraman, Stan Bréhaut, when Jack Hargreaves, my stepfather, visits Burley Horse Show in 1976. My introduction will follow the titles and the lovely Tárrega theme tune ('Memories of the Alhambra'), filling in for my stepfather's missing introduction to Stan's location film. My 1'16" inset dissolves to film as Jack says "...and that I think is the reason for the fascination of horses..." and we're back in the New Forest with Jack 43 years ago. This is for Network's OOT Vol 4 due out in March 2020. An earlier restoration, my small substitute parts already in the can, will be Network's OOT Vol 3 out in time for Christmas 2019. The actual filming is on the Victoria Jubilee Allotments in Handsworth, with permission from the authorities.



<https://networkonair.com/search?controller=search&s=jack+hargreaves>

My 'set' for the filming with Paul Vanezis holding a reflector to get more light for filming under the veranda of my shed on the Victoria Jubilee Allotments.

## *'Simon with Reflector'*



*Simon's World - Continued from Page 14*

Post production work with [Michael Livesley](#) of Guilty Dog Films at their studio in Lark Road, Liverpool, last week.



*'Michael and Simon'*

Jan Bowman, artist, made a picture of Lin and I with our grandchildren, on our allotment - celebrating Hannah's third birthday in Summer 2017. You'd hardly think we're less than two miles from the centre of Birmingham.



*'Jan Bowman's drawing'*



Liverpool, two weeks ago. Hannah, our grand-daughter, helps with the compost.

*'Hannah'*

<

Me, long ago, with my mate Jim, who was a friend, a jackdaw dropped as a fledgling from his nest in a tall beech. He flew away to be with his own people once he'd grown to maturity.



*'Jim with Simon'*

# A Poem

By Alan Flint

Ah, sleep.  
 Where do you hide?  
 I lay in bed.  
 Toss side to side.  
 Are you away,  
 Across the tide?  
 Return again,  
 And with me bide

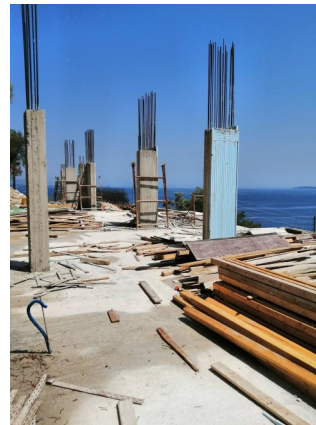


More deliberate progress on the two build fronts during the month.

**BARBATI**

Now rising towards the first floor. Tricky bit here is gauging the water supply in this area. It is, er, inconsistent. A large deposit tank will be needed for the owners when they take possession. People from Spartilas, the village above, challenged the validity of the build. They called the police, wasting their time, our time and their own time. Perhaps they are Professional time wasters.

# Bespoke Property



Steel and concrete support



With insulation



Discussion time



View from the top



Amazing scaffold



Tonka Toys in



New Water, if you can get it



Bomb Site



Considering tiles for the future



Going up



Shuttering First Floor



Bedroom views will be ace <

Continued on Page 17



Bespoke Property - Continued from Page 16

# GARITSA

The shell of the Spitaki is complete. Here the water supply is new and good and, electricity is reconnected after a long time without.



Working on Spitaki



Side Elevation



Interior



Doing the lines



Amazing scaffold



Hot work now



Roofing



Execution on a roof



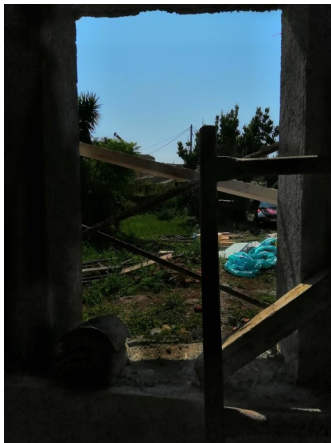
Making progress



New ceiling



Garden Triffids



New opening



New Back doorway

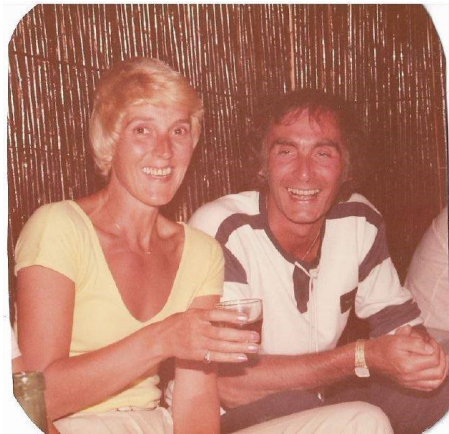


Creating a wet room

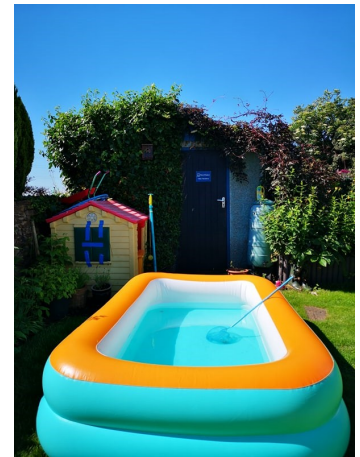


# The Way Things Are and Were

It's been two long years since my gorgeous wife Brenda passed away, whilst looking through some old photos I came across this great pic, makes me realise how lovely she was. and how lucky I am to have many wonderful years.



*Brenda and Chas*



Villa Theodora North in High Summer



Ian made Agios



Ian made friends



When it's not hot try reading this



Emily a future star at Agiotfest



A weekend escape from Villa Theodora north



Lennart and Gordon early Agiots from the North



But Edward Lear beat them to it



In the far north today Lennart is being poisoned



The Way Things Are and Were - Continued from Page 18



Young Agiots



Disney Japan



Jaws and Paws ten years ago by Graeme Tickle

### COURTESY OF THINK LIKE THE LOCALS

Many years ago, a lot of people were 'Land rich, cash poor'. Locals had pieces of land handed down from generation to generation. But during hard times, people often found it hard to pay off bills, often this tab was at the general store in the village. One way of paying it off at the end of the year, was to sell the rights to an olive tree. If you had a piece of land, you could sell an olive tree in the middle of your land (the new owner had the rights to pick and sell the olives) but you could keep the surrounding land. Word of caution, when buying land always ask if all the olive trees belong to the land or you might be in for a surprise!



A lone olive



Courtesy of Luko Manaris



From our Brantford friends Anne and Ray

Having fun in newfoundland lots of driving but beautiful lakes and trees and mountains to see weather great.



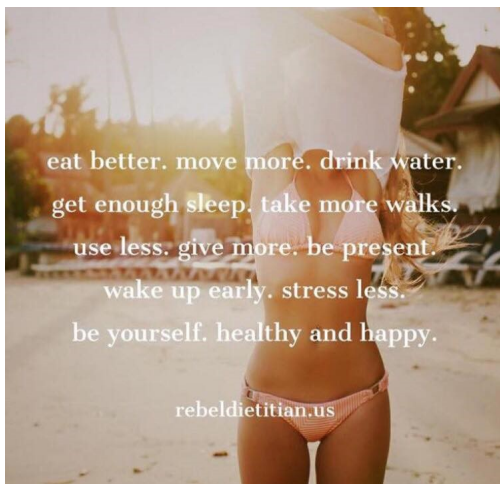
# Tracey's Tips



As you know I love makeup, subtle or bright and bold, and to me lipstick is a must to accentuate those lovely lips. So, pucker up and look at some fresh colour idea.



Now that Summer is in full swing, here are a few food tips to help keep that bikini body in shape.



## 10 Incredible Health Benefits of Oranges

- Heart Health**  
Herperidin's in oranges help lower blood pressure and folate protects against cardiovascular disease
- Immune Support**  
High vitamin C content helps to steer away nasty bugs, bacteria & viruses. Prevents colds, flus & ear infections
- Digestive Health**  
Vitamin C helps prevent ulcers and fibre ensures a healthy colon
- Alkalizing**  
Rich in alkaline minerals to help balance body pH
- Cholesterol-Lowering**  
Contain limonin, which helps reduce LDL, or "bad" cholesterol
- Healthy Skin**  
Contain essential vitamins & minerals for beautiful, problem-free skin
- Kidney Support**  
Help prevent kidney stones & efficient filtering of toxins
- Anti-Inflammatory**  
Oranges help prevent free-radical damage, which normally triggers the inflammatory cascade
- Anti-Cancer**  
Studies have shown cancer-risk reductions in over 40-50% of individuals who consumed citrus fruits! Contain potent anti-carcinogens to prevent
- Vision Protection**  
Loaded with carotenoids, oranges help

### BOOST BRAIN AND MEMORY

- Almonds**  
Increase blood flow to the brain
- Walnuts**  
High in Omega 3
- Blueberries**  
Improve learning & motor skills
- Brussels Sprouts**  
has tryptophan which converts to serotonin in the brain
- Broccoli**  
assists in proper brain functioning
- Ginger**  
Anti-inflammatory may help protect from brain disease
- Cauliflower**  
Assists in cleansing white matter in brain & spin
- Apple**  
power food for mind body & emotions
- Pine nuts**  
helps stimulate brain activity
- Cantaloupe/ Rockmelon**  
supports the brain
- Cabbage**  
High intake of cruciferous may lower risk of brain, luna & prostate cancer.
- Watermelon**  
targets brain function

## [oatmeal inspiration]





Tracey's Tips - Continued from Page 20

**At Home Beginners Work Out**

- 10 Jumping Jacks
- 10 Pushups (on knees)
- 20 High Knees
- 20 Sit ups or Crunches
- 30 Butt Kickers
- 30 Wide Leg Squats
- 20 Jumping Jacks
- 20 Sit ups or Crunches
- 10 High Knees
- 10 Push ups (on knees)

Take a 15 Count Rest Break if needed!

Feeling Motivated? Do it 2 times!!!



**Green Tea**

- Fights cancer
- Lowers cholesterol
- Prevents cavities
- Protects against heart disease
- Speeds metabolism
- Prevents diabetes
- Antiviral agent
- Maintains a healthy circulatory system
- Strengthens tooth enamel
- Reduces plaque and bacteria in your mouth
- Prevents dementia
- Full of antioxidants
- Prevents food poisoning
- Gives healthy skin
- Prevents bad breath
- Detoxifies



And this is me

**SUPERFOOD STYLE SWEET TREATS**

Swap sugar cravings for naturally sweet superfoods!

[www.SuperfoodSwapDiet.com](http://www.SuperfoodSwapDiet.com)

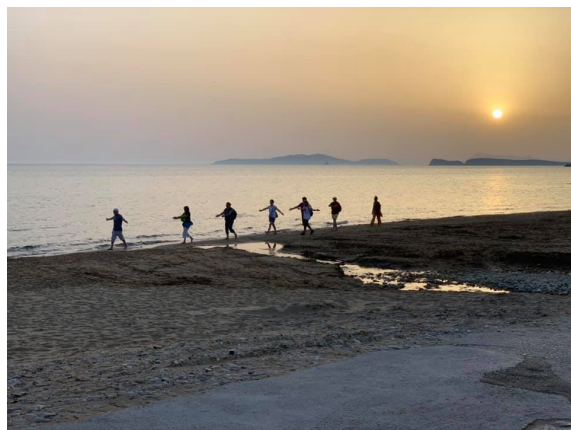
- Unsweetened dried mango
- Almonds dipped in honey
- Cashew butter & cocoa nibs
- Cocoa nibs & coconut flakes
- Date rolled in walnuts
- Dark chocolate square
- Cinnamon roasted garbanzo beans
- Freeze dried strawberries
- Frozen banana slices w/



## Corfu Weather Statistics - July 2019

### Summary

	Max	Avg	Min
<b>Temperature (°F)</b>			
Max Temperature	96	88	80
Avg. Temperature	88	79	71
Min. Temperature	73	70	65
<b>Precipitation (inches)</b>			
Precipitation	0.2	0.01	0
<b>Dew Point (°F)</b>			
Dew Point	77	65	48



*Courtesy Tony Peckham*

### Read more at:

[http://www.wunderground.com/history/airport/LGKR/2013/9/1/MonthlyHistory.html?req\\_city=NA&req\\_state=NA&req\\_statename=NA#PFq1VRYHlbugTGf.99](http://www.wunderground.com/history/airport/LGKR/2013/9/1/MonthlyHistory.html?req_city=NA&req_state=NA&req_statename=NA#PFq1VRYHlbugTGf.99)

*The Greek service referred to here every month has decided to switch to the Imperial system, just to keep you on your toes.*

*Courtesy Mandy Lockett*

Information...

Fire spotting planes flying around NW at the moment, please see comment below from the fire service.

maintenance and patrol but today we are in condition 3 of 5 and we are all stand by.

## Nature

Catch of Lionfish in Northern Corfu (fished with net in 10-15m of depth).

Lionfish is one of the Lessepsian migrants which came from Indian Ocean through the Suez Channel.

Until now, most catches have been reported from Cyprus, Crete and the Aegean Islands, but never so far north.

Lionfish has not got natural enemies in the Ionian, except sharks and big groupers, which sadly have nearly disappeared.

Lionfish is a predator, hunting juveniles of other fish species.

In the Caribbean Sea they mushroomed into a huge danger for the survival of other species and the neighbouring states started programs to get rid of this epidemic.

They have stings at their dorsal and pectoral fins, so do not touch them.

If you see them, try to take pictures, and share your information with date, time, depth etc. in the Facebook-Group for monitoring migrated species in Greece: <https://www.facebook.com/groups/104915386661854/> or send information to marine biologist [Ioannis Giovos](#)



*Lionfish*

Nature - Continued from Page 22



Andy Balog at Mount Pantokrator



Acrometopa sp\_



Courtesy Peter Hardiman

A Woodchat Shrike about to make a meal of a bush-cricket in the olive grove. – in Arillas, Corfu.

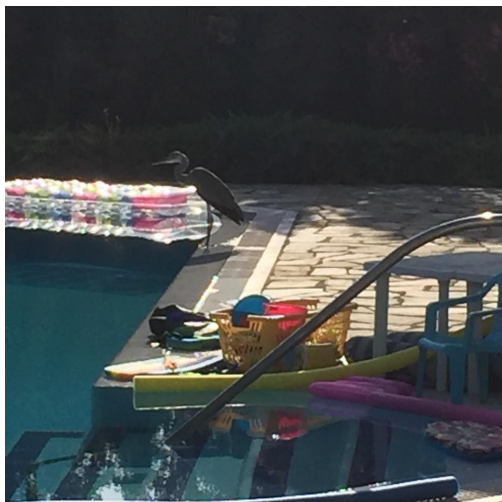


Mediterranean Rainbow Wrasse

<

Courtesy of Jes Schafer

>



Courtesy of Les Woods

Nature will find a way to make the best of adverse conditions!

Ducks bathing in water filled pot hole on Road to Danilia!



A couple of butterfly shots including a brown argus from this

morning. Both taken in the Olive groves, a short walk from our villa in Liapades. Most of the butterflies I have been able to get close to have been fairly worn so have been on the wing for some time now, so I was pleased to find a freshly emerged Brown Argus which had settled on this seed head. Only managed a single shot as after taking this I attempted to move the annoying grass stem, (well it is now I've mentioned it ☹) and the result was the butterfly disappearing into the woods.

Courtesy of Heath McDonald



## ocay property

Buying land, or old property, in Corfu may be straight forward. It may not.

There are many banana skins to avoid, some more slippery than others.

For many years I've watched from the sidelines as unknowing foreign [many English] buyers have fallen into a 'you must pay' system, which with a little simple guidance may be largely avoided.

One example of this is their reluctance to ask basic information up front, like the lawyer's fees, estate agents fees, property acquisition tax, IKA, Licence fees etc. etc.

At Ocay Property we try to take a pragmatic [Greek word after all] approach, going through the various pitfalls in a reasonable and uncomplicated manner.

If you are buying or seeking to renovate old property here try us at [www.ocaypropertycorfu.com](http://www.ocaypropertycorfu.com) Look at our Bespoke page here for current projects.

Talking of old property, you would do a lot worse than visit <http://www.ocaypropertycorfu.com/corfutrailproperties/> to give you an idea of some rough diamonds waiting to be restored, scattered amidst the Corfu countryside.



Two weeks only for the beautiful Lydia's Villa remaining for the season [owing to a cancellation!]

**23 August / 3 September**

Enquire by mailing [info@ocayvillascorfu.com](mailto:info@ocayvillascorfu.com)



Super pool at Lydia's

## ocay villas

Villa Theodora is home to many, if you have not fallen under its spell yet, perhaps you should think on for 2020.



A child's dream



# This is Rubbish

Gareth Morgan has been writing and talking sense about this problem for a long time.

<http://enimerosi.com/details.php?id=28045&fbclid=IwAR2ADYtoZXwQmDDIPemlLaiDngTGvREJsq2AWmXhEmp1DARMP6hrGTbSUK>

Local Government has been blowing smoke rings for even longer.

[http://enimerosi.com/details\\_en.php?id=34300&fbclid=IwAR218PWHqkXp0KezHS9GR7YdQh1KO5CZosrvTep6OkG\\_4h1Y2HxYW1C-5I](http://enimerosi.com/details_en.php?id=34300&fbclid=IwAR218PWHqkXp0KezHS9GR7YdQh1KO5CZosrvTep6OkG_4h1Y2HxYW1C-5I)

## People in conversation about the subject;

**Ginnie Crabtree:** and now we wait for yet another god knows how long for the tenders to be chosen. More Red Tape.

**Gareth Morgan;** If the new landfill site is approved for the 85% of the waste that this facility can't recover then that will take the pressure off for a few years.

It isn't legal in terms of the National Waste Management Plan ...

<http://enimerosi.com/details.php?id=28045...>

...but it will, in about four years' time, take the pressure off for a while. IF the new landfill is approved.

In six months ten incinerators could be installed on that site instead, which could dispose of all of Corfu's municipal waste -- for one fifth of the price.

[https://www.academia.edu/37744956/Waste\\_to\\_Energy\\_Proposal](https://www.academia.edu/37744956/Waste_to_Energy_Proposal)



enimerosi.com

Incineration of waste is provided for in the Regional Waste Management Plan...

[Incineration of waste is provided for in the Regional Waste Management Plan \(PESDA\) - ENHMEPΩΣH On Line](#)

11

**Val Robertson:** WHY do the authorities keep ignoring the obvious logic? I really don't get it!

**Eve Watson:** I wish they'd spend MY and your money more responsibly. I see this as a waste of MY money, I'd rather buy an incinerator that would deal with 100% of the rubbish. What can I do?

**Mike Oscar Tango:** Gotta start somewhere

**Lesley Cummings:** Waste incinerators currently release an average of around 1 tonne of CO2 for every tonne of waste incinerated. The release of CO2 from incinerators makes climate change worse

**Eve Watson:** my understanding is the modern incinerator turns this into energy and it is not released into the air

**Ian Jolliff:** I would definitely want to see all the pros and cons weighed up first.

**Garry James:** Groundhog Day.....

But there may be a light;

**Peter Bowley of Corfu Tourist** has been getting out there! ·

'Recycling is going from strength to strength all across Corfu.

With designated areas like this one in Liapades that has the GREEN light from the local mayor, and has for some time taken recycling from the local businesses. They are by no means the only ones doing this. ♥

TOURISTS; you are doing your bit too ♥♥♥

Watch the video on Corfu Tourist Facebook to see what is happening to make this holiday destination and home for some 115000 people, including 15000 expats, a cleaner and better place.

SO please keep doing your bit this year by helping to support this cause. If you see some rubbish on the beach just please pick up 3 pieces, take a pic and tag us at [Corfu Tourist](#) on Facebook.

More important information later on how with your help we can get the inflatables off Corfu for up-cycling.

BIG thanks to Ian Smith, Lesley Cummings and everyone else we met that day, with people from France, Germany, UK and of course the local Corfiot people ♥

[Greenpeace International](#) [Greenpeace Greece](#) [Greenpeace UK](#) [Environment challenge](#)



# Nick The Clock's World

The Comic With A Conscience



'Nick's Niche'

## 10 FUN FACTS

1. You can't wash your eyes with soap.
2. You can't count your hair.
3. You can't breathe through your nose, with your tongue out.
4. You just tried no. 3
6. When you did no. 3 you realized it's possible, only you look like a dog.
7. You're smiling right now, because you were fooled.
8. You skipped no. 5
9. You just checked to see if there is a no. 5
10. Share this with your friends to have some fun too! :-)

## What's the best way to monitor your population?



**Invent a device with a camera, microphone and gps location, that everyone wants to own**

# TRUTH BOMB

Healthy food shop - £100 - too expensive  
Dinner date - £100 - reasonable

Months supplements - £100 - can't afford that  
Night out drinking - £100 - weekly occurrence

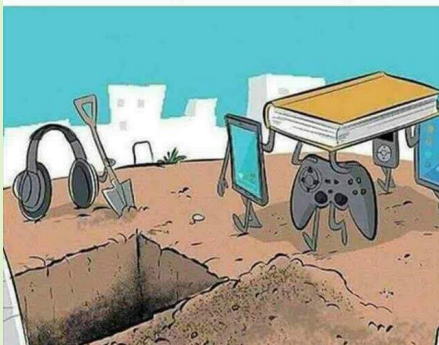
Personal growth seminar - £280 - crazy chat  
Gucci belt - £280 - need to have it

Start a business - £1000 - I can't justify that  
iPhone XR - £1000 - this is a necessity.

60 mins at the gym - I wish I had time  
60 mins watching Netflix - time flies watch another one!

Everything in life is about priorities. And what you prioritise will dictate what your life looks like. Where will you be in 5 years?

## Today's Reality.



Genie: I will grant you 3 wishes.

Me: I've seen this before. Whatever I wish for will come back and bite me in some way.

Genie: I promise that won't happen. I'm so sure it won't I'll give you infinite wishes if it does.

Me: Okay. I wish for a boomerang with teeth.

Genie: You son of a .....

[piffun.com](http://piffun.com)

Life is like a book.  
Some chapters are sad, some are happy and some are exciting, but if you never turn the page, you will never know what the next chapter has in store for you.



## Police Officer Didn't Give Him Enough Time To Explain. But When He Does...Priceless!

A police officer in a small town stopped a motorist who was speeding down Main Street.

"But, officer," the man began, "I can explain"

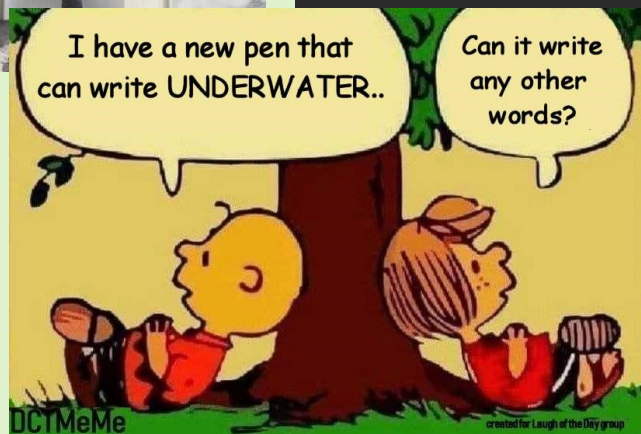
"Just be quiet," snapped the officer. "I'm going to let you cool your heels in jail until the chief gets back."

"But, officer, I just wanted to say"

"And I said to keep quiet! You're going to jail!"

A few hours later the officer looked in on his prisoner and said, "Lucky for you that the chief's at his daughter's wedding. He'll be in a good mood when he gets back."

"Don't count on it," answered the fellow in the cell. "I'm the groom."



Continued on Page 27



# Nick The Clock's World

Continued from Page 26

I CALLED MY SCHOOL-TIME FRIEND,  
HE SAID HE WAS WORKING ON A SPECIAL PROJECT  
'AQUA-THERMAL TREATMENT OF CERAMICS,  
ALUMINIUM AND STEEL UNDER A  
CONSTRAINED ENVIRONMENT'.

I WAS IMPRESSED. LATER I REALIZED THAT IDIOT  
WAS WASHING UTENSILS IN WARM WATER,  
UNDER THE SUPERVISION OF HIS WIFE.



English is a beautiful language

After being married for thirty years, a wife asked her husband to describe her.

He looked at her for a while, then said, "You're A, B, C, D, E, F, G, H, I, J, K."

She asks ... "What does that mean?"

He said, "Adorable, Beautiful, Cute, Delightful, Elegant, Foxy, Gorgeous, Hot."

She smiled happily and said ... "Oh, that's so lovely ... What about I, J, K?"

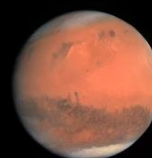
He said, "I'm Just Kidding!"

The swelling in his eye is going down and the doctor is fairly optimistic about saving his family jewels.

Sunglasses are cellular suicide. On a sunny day, specific wavelengths of light from the sun filter into the eyes. This feeds the pineal and pituitary glands, and lets the brain know it's sunny out.

The skin then prepares for direct sunlight and gets ready to make vitamin D. Wearing sunglasses starves the pineal gland and tricks the brain into thinking it's cloudy out, which stops the skin from preparing for sun exposure. This is one of the main reasons people get skin cancer. Not because of the sun, but because of sunglasses.

We spend BILLIONS of dollars to find life on other planets.



And TRILLIONS of dollars killing the life on this one.



don't believe what i post. research what i post.

I got so drunk last night, I walked across the dance floor to get another drink and won the dance contest.

"What if I am the pet and my human is the owner?"





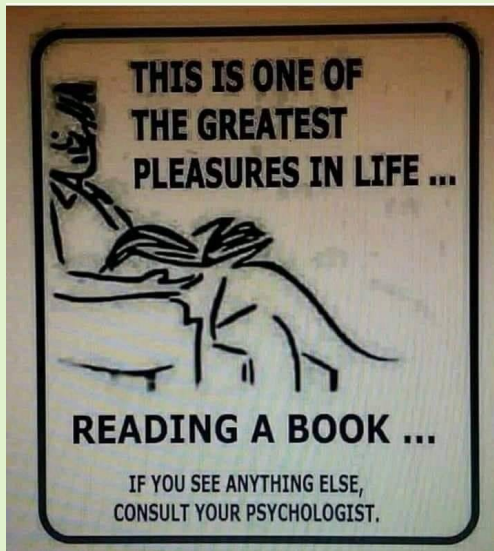
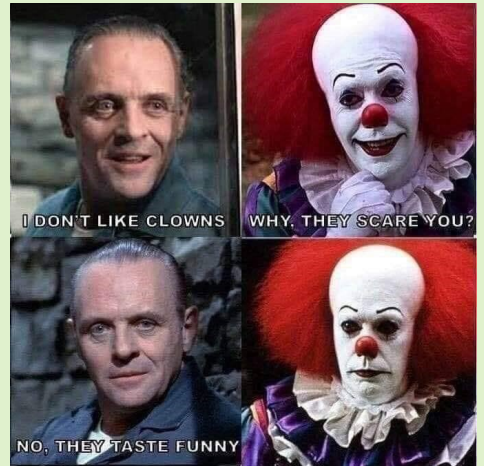
# Nick The Clock's World

Continued from Page 27



## My to do list:

1. Buy four pigs
2. Paint numbers 1, 2, 3 & 5 on their backs
3. Release them in Wal-Mart
4. Sit back and watch security desperately search for number 4

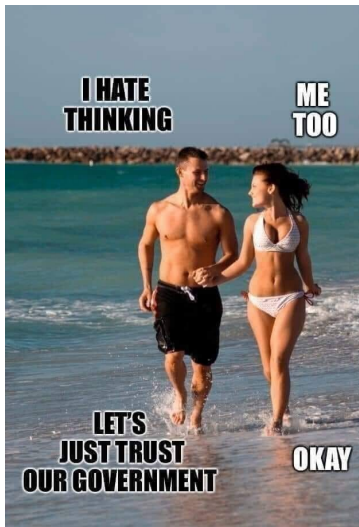


BE BRAVE. BE SILLY. BE YOUR OWN MAGIC. BE PRESENT. BE FULL OF SURPRISES. BE ADVENTUROUS. BE KIND. BE FREE. BE YOU.





## Nick The Clock's World Continued from Page 28



A truck loaded with  
Vicks vapor rub  
overturned on  
the highway.

Amazingly, there  
was no congestion  
for eight hours.

A moment of tension in Vatican.  
If the bishop moves forward the  
queen can take him.



***That's' All Folks !***

## Beach Rats

A Summer Diary by Lili Gabbiano

DAY 9  
APRIL 12TH

### EXECUTION

She is hanging there.  
What has she done?  
She is hanging there with a broken neck.  
Who has done this?  
She is hanged.  
What has caused this cruelty?  
She has the sea as a background.  
Why is this so romantic?  
She is there since ages.  
Why nobody took her down?  
She is hanging there since 3 weeks or more.  
Will she still be there next week?  
She has nice eyes.  
Do you want to take them?  
She holds something in her hands.  
Are you planning to steal it?  
She looks so perfectly prepared.  
Is this the reason, why you don't take her off?

She hangs next  
to the beach.  
Do you think  
her soul is sun-  
bathing?  
She does not  
have a soul.  
So, what is it  
then?



She is a doll.

What happened?  
She must have been involved in something.  
Are you sure?  
She is executed.  
Broken neck  
Ripped clothes  
And hanged.  
Next to the beach.  
A hung doll with the sea in the background.



## Village and Island Reflections

It did not rain so much in July. In fact, it was mostly hot.

The time of year to listen to the dawn chorus-the birds hold sway now in these hours- as I dip into the pool and try out various leg exercises, while a couple of swallows dive-bomb their human intruder.

One morning it did rain. Solidly. Vertically. But warmly. Perfect conditions for a swim, I mused, so in I popped. Love swimming in the rain. That particular morning the summer rain did not stall, so afterwards I removed my mobile office to under a balcony and tapped on my keyboard with the rain splashing about to the rhythm of the keys.

The second of the month saw another incident in THE GREAT TABLE WAR. It's getting boring now, so brevity must count. The Police were called [*again*] to establish the legality of the offending furniture. They came and went for several hours, being dealt with by Lula, Alexandra and Kostas Senior. The ladies were polite, Kostas was Kostas. Nothing more has been heard from the Police since-yet!

As the summer turns up the volume, I find myself being addicted to ice cream. This is not good. My elder son is disgusted, saying he knows of none of his mates' fathers who make and digest Frothy Men. Oh!

Our Grandson has so far survived the attentions of his sibling. Obstinate, he retains blue eyes, though the Doctor says they will certainly change in time. He is a happy little soul, very quiet, and seems content to fling his arms about in agitated dance moves or grin at any one who will give him the time of day.

In this pressurised time of work, regretfully, I get to spend very little time with my grandchildren. *That* will change come Winter. But I'm often ambushed by the other little rascals hereabouts. Esmeranda and Natasa get me into noughts and crosses, in the plateia one evening, quickly filling the pages of my notebook with game after game. They catch on so fast!

On the 9th we are happy. Our second son Kostas is home from Tokyo, with his Japanese wife Ai. It doesn't seem real. It is. They are to stay with us until after the season, when we shall see what we shall see.

A few days later we go out with Ai in search of Japanese rice, a staple of our daughter's diet. We don't find any but Alpha Beta Super Market has a look-alike. Ai pronounces later that it is '80%'.

English Friends come to Agios and Lula's cousin Tassos is here with his family from Makedonia. Time must be stretched to spend time with them, especially by Lula.

***Melina and Tassos and sons in Agios >***

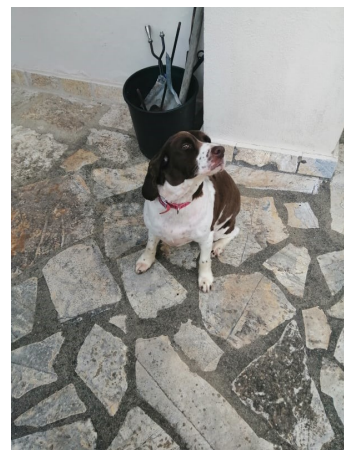


Ai finds a tiny kitten, abandoned in a hedgerow-how common is that? She brings it to our verandah. A box is found. It is coaxed with milk, it is loved. It is too little, too late. Within two days it is dead. Its expression in death is so very sad. We bury it in the garden, not far from Sandy and Nelson [ a favourite cat of Lionel's]. Our garden is quickly filling with these loved ones.

On the 20th we have a fine barbecue in our garden. A near-tragic event occurred, with a happy ending. Little Danae was trying to squeeze through a passage between the tables and the pool. Of course, in she falls. She can swim a little but would panic in this deep water. Ai and Kostas dived in immediately and pulled her up and out. A little spluttering but no harm done, yet a timely reminder of the constant danger of the innocent pool. Kosta had jumped in with mobile and credit cards. Oops!



***Japanese floral display***



***Adorable***



*Village and Island Reflections - Continued from Page 30*

Our Geordie friends came over to join the family at play. Xrysa took charge of our barbecue-as she often kindly does, with a zero of flurry. We all ate, drank and talked well into the night. It is beautiful, to my mind, sitting and feasting on a summer's eve, in our peaceful plot, with people whom I love.

Danae comes to our house for baths: *her* house has a shower. From the moment she splashes in until she splashes out, she does not come up for air, a non-stop running commentary gushes from her tiny voice box without remit.

Danae's horse-riding teacher is Athena. She lives in Makrades. It was *her* birthday. Another BBQ. I went up where a small gathering of seven of us had a most splendid time of it one afternoon. Summer at its best.

Kostas Junior is Safari driving most days. He gets a small wage but good tips. And they feed him!!

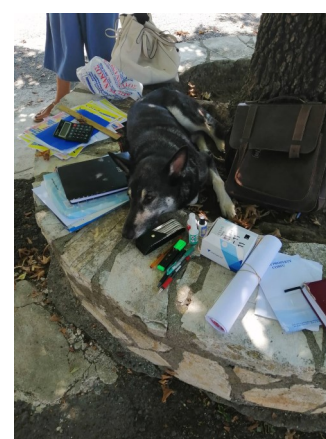
Towards the end of the month there was an empty week at Villa Theodora. Peter and Elina made sure it did not stay that way. The pool is used most days by several children, parents in attendance, there are sleep-overs by various family members and on the last Sunday my in-law Prokopis takes over and arranges a lamb feast in the open lounge there. Nothing was intimated except 'Lamb, Sunday. I bring.' This is what I love about my Greeks, so spontaneous, as displayed in their music, dance, weddings, everything which adds sweetness to life. 'What time?' I enquired. 'Three.' I did not believe this for a minute but, nonetheless I passed this news on to friends John and Charlie, unsuspecting English victims. Punctually, they arrived at three, a few minutes after me. Should have known, of course, the feast had cracked on from two o'clock! Prokopis said, 'Where have you been?' They must specialise in these jokes!

Apart from the laden tables two guitars, singing and mass swimming was the order of the day.

The Agiotfest is looming like Everest to a climber in the foothills. Tried something different.

Had a little 'Open Day' in the Plateia, inviting people to come along for wine and a bit of cheese, talk Agiotfest, buy tickets or just while away a sunlit, lazy afternoon. A dozen or so hearties took us on.

We all fell under the magic spell which is the Agios Ioannis plateia. I am very used to it after 30 years but, it is still as if it was the first time on occasions such as this.



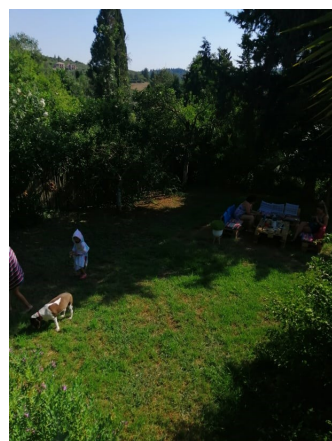
*Agiotfest needs you!*

*Agiotfest is such hard work*



*Dawn*

*Lazy Afternoon*



*From the movie 'Don't look now'*

*Billy entertains*

I cannot end without saying why I think the magic pervades.

Frans shifted his weight a tad strongly upon one of the plastic chairs. It immediately cracked loudly. The old man was sitting feet away, under the shade of the Plane tree. Now! In the olden days breaking one of Kostas's chairs was almost a hanging offence. Kostas noticed of course-he notices most things- but he turned not a hair.

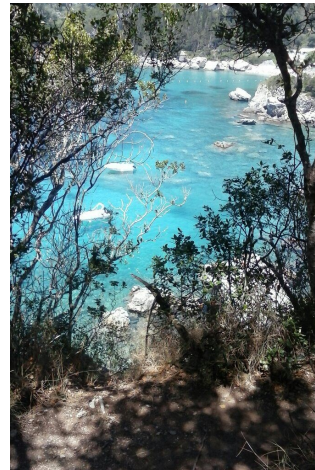


*Village and Island Reflections - Continued from Page 31*

On top of that I was sitting next to Frans in the 'double chair' [one atop another for stability]. I found out later that, earlier, at the little kitchen door, Kostas wanted to sit in the shade but 'Paul is in my seat.' Lula said; 'I'll ask him to move, he won't mind.' Kostas replied 'No, don't disturb him, he's busy.'

Do you know what I think? I believe he simply loves a crowd sitting around a table, for forever in his heart it is his tables, having fun, being happy, being peaceful and harmless in every way.

One cracked chair and a usurping son-in-law is such a very small price to pay.

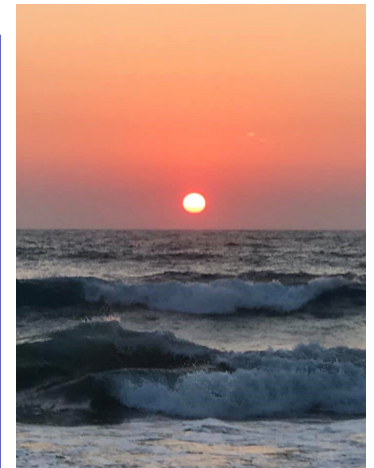


A cove for diving courtesy Alan Flint  
<

Good snorkeling there. Great rock formations and lots of fish.



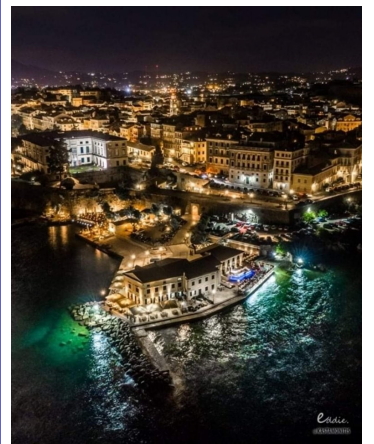
*Aleka at Fest Camp*



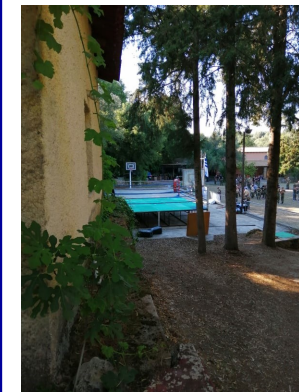
*Spiro Gauci Agios Gordios*



*Easter at Fest Camp*



*Starlit City*



*Martial arts at Fest Camp*



*What are they doing here*



*'Our Geordie friends enjoying the delights one day at Notos Beach.'*



Village and Island Reflections - Continued from Page 32



*Power at night*



*Pjotr Utkin*



*Photo courtesy of Ralf Frank.*

*A dreamer is someone,  
Who finds his way in the moonlight  
And the dawn  
Before the rest of the world.*

*- Oscar Wilde -*



*Photo courtesy of Bob Giles*

Not something that you see every day on the Liston. A Street performer shot on my first M43 mirrorless camera, - Panasonic Lumix G2 14-42mm lens @ 33mm, ISO 100, 1/250sec, f7.1

## Corfu Monthly News

[http://enimerosi.com/details\\_en.php?id=34582&fbclid=IwAR1hI7PMWnltWenKbBanyKIboedy2omU8SI54gJGnRUz-chDaaCt13QbnJA](http://enimerosi.com/details_en.php?id=34582&fbclid=IwAR1hI7PMWnltWenKbBanyKIboedy2omU8SI54gJGnRUz-chDaaCt13QbnJA)



# "Warning to Visitors to Scotland"

We have been asked by the SHPS ( Scottish Haggis Protection Society) to warn people about the dangers of Haggis Laying Season.

The last two weeks of July and the month of August are when Haggi are particularly dangerous, while protecting their newly hatched Hagglets.

If you spot a brood while you are out and about exploring , please do KEEP A SAFE DISTANCE! Coastal Haggi can be particularly vicious and give you a Nasty peck, they are very fast swimmers.

But the worst ones are the rarely seen Galloway Belted Haggi , they live in the hills and can run particularly quickly for the species.

Also watch out now for Urban Haggi that due to changes in modern agricultural practice , come into the town's and villages to look for turnips, (their favourite food).



There are many rumours that Avon skin so soft is a good Haggi Repellent - THIS IS NOT TRUE , Every one locally knows the only thing that keeps them away is if you suck plenty of Moffat Toffee or play loud Bagpipe music!

PLEASE DO BE CAREFUL.

## ***Aunty Lula's Love-bites***

### **CREAM CHEESE ICE CREAM**

#### INGREDIENTS:

110g Water  
80g glucose  
80g granulated sugar  
1 tblsp vanilla extract  
340g cream cheese



Go: -

In a saucepan combine the water, glucose, sugar and vanilla extract, letting them come to boil for three to four minutes.

As soon as the mixture has boiled transfer it into a bowl and let it cool at room temperature, for about half an hour.

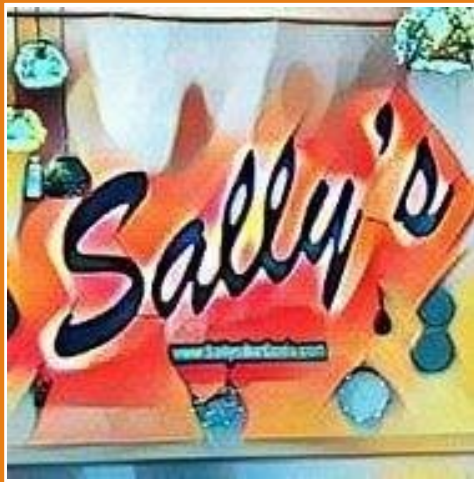
In a blender beat the cream cheese for a few seconds until smooth then pour in the mixture from the bowl. Transfer the mixture into an ice cream maker and whisk it for one hour or until the mixture has thickened.

Place it into a bowl and store it in the freezer.

**Καλη Ορεξη!**



If you advertise here it will cost nothing. We have a modest but growing circulation. It is our pleasure for our friends to advertise their wares without charge.



## IPSOS



If you have a pool or want to get one, we are what you are looking for! Pool chemicals, spare parts for all brands and all the stuff needed for a pool, you can find in our shops!

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Solar energy is for free! Why not get advantage of it? We can advise you for the best solution! Just ask us!

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## RoadHouse

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<https://www.facebook.com/paul.fennell.71>



CORFU BEER  
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when it's inside you



## "Grammatikos"

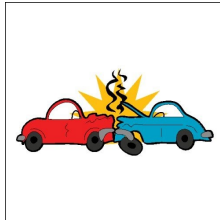
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## Summer Song For Sale

<https://democracystreet.blogspot.com/2018/05/yacht-summer-song.html>

## Dominoes



[www.corfudominoes.com](http://www.corfudominoes.com)

please come and visit our pool  
bar restaurant a short walk from  
Ipsos beach

## Silvaland



We are looking for workers for our Stable yard at Silvaland. No previous experience required. You must be fit, strong and enthusiastic. You will be working cleaning and maintaining the stables and fields and feeding horses - so you must love animals! Your work will be outside in a peaceful country environment. You must know a little basic English. For the right person this is a permanent all year round position..



## Red Penguin

Dassia, Corfu



## What's on at Holy Trinity Corfu

Thurs	1	17:00	Worship Group
Fri	2	09:30	Prayer Meeting
<b>Sun</b>	<b>4</b>	<b>10:30</b>	<b>Family Communion</b>
Thurs	8	17:00	Worship Group
Fri	9	09:30	Prayer Meeting
		18:00	HTC South Communion, Mes-songhi
<b>Sun</b>	<b>11</b>	<b>10:30</b>	<b>Family Communion</b>
Wed	14	18:00	Ministry Team Meeting
Thurs	15	09:15	Pastoral Care Group Meeting
		10:30	Bible Study at HTC
		17:00	Worship Group
Fri	16	09:30	Prayer Meeting
<b>Sun</b>	<b>18</b>	<b>10:30</b>	<b>Family Communion</b>
Thurs	22	17:00	Worship Group
Fri	23	09:30	Prayer Meeting
<b>Sun</b>	<b>25</b>	<b>10:30</b>	<b>Family Communion</b>
Thurs	29	17:00	Worship Group
Fri	30	09:30	Prayer Meeting

**During August a number of our regular events are suspended; starting again in September**

**Sofia has no experience with boys... or ghosts.**

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**Gaze at the sea and chill out at Aris Cafe Bar Ipsos**

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[#freebooks](#) [#bargainbooks](#)  
[#kindledeals](#) [#freebookfriday](#)



## Kafesas

This is a fabulous place, out of season, for a Sunday lunch, if you are in or fancy a trip to the glorious south.

Don't take our word for it, see what April Violet says.

*'Stunning restaurant and food is just to die for absolutely fell in love with this place. Food is so fresh, place is clean, staff friendly, nothing more you could ask for! X'*



# Odysseus Restaurant

## Fresh Fish

*order in advance or visit us to check our collection of fresh fishes of the day as well as other seafood choices like prawns, swordfish, cod with garlic sauce, just choose your wine and give us a few minutes to grill it*

## Greek Cuisine

*moussaka, lamb kleftiko, beef sofrito, soutzoukakia, stuffed tomatoes, grilled squid and many other traditional main courses all over greece*

*We are open 365 days from 12.00 till 23.00.*

*Speacialized at traditional greek cuisine and fresh fish, our establishment is a family run business that has proudly passed from father to son. Please sit back and relax and let us try to make the time you spend with us as special as we can with our traditional tastes and friendly service. Enjoy your meal indoors or at our veranda watching the people passing by. We hope that you have a wonderful holiday and return to our beautiful island many times!*

<http://www.odysseusrestaurant.gr/>

<https://www.facebook.com/pages/Odysseus-Restaurant-Acharavi/442988365736142>

## Odysseus Restaurant

Acharavi Main Street, Corfu 49081, Greece

Tel: +30 2663064770

email: [nikospapout@yahoo.gr](mailto:nikospapout@yahoo.gr)



**Beef stifado**



**Bekri meze**



**Soutzoukakia**



# A Complete List of Alternatives to The Google Search Engine



Published  
2 days ago  
On July 7,  
2019  
By Arjun  
Walia



## In Brief

- **The Facts:**  
Using Google as a search engine is no longer giving you access to unedited truth. As admitted by Google exec Jen Gennai, you will see what Google wants you to see.
- **Reflect On:**  
Is it time to swap search engines and give yourself access to a wider perspective? How much will this affect what you think is true or real in our world? How might this completely change the decisions you make in your life?

We are living in a very interesting time, one in where we have a ‘ministry of truth’ that is quite Orwellian. This ministry of truth is deciding what’s real and what’s not for people, and they hold a tremendous amount of power and resources. Google is part of this ministry, and they are playing their part in censoring, demonetizing, and hiding information and platforms that does not suit the plans, agendas and the wants of the people that run Google and who are tied to.

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One of the most recent examples I wrote about was with regards to one of the top natural health/health awareness websites in the world, [Mercola.com](#). They like many others including Collective Evolution, have been censored by Google as well as their other social media platforms for simply sharing information. No matter how solid the evidence or sources are, it’s simply being censored because of what the information implies and because of the consequences it may have for those in power, and whose powerful interests that information may threaten.

Have we really got to the point where simple information can be censored just because it is threatening? Why do we have to have global elitists determining what is real and what is fake for the population? Is the population not capable of doing this on their own? Who are these ‘fact checkers?’

If we look at FakeNews watchdog NewsGuard, it provides some insight on who is behind this type of thing. They claim to hold independent media outlets accountable for their stories. They are funded by Clinton donors and big pharma, with ties to the CFR. They are one of many who have a clear agenda in favour of mainstream establishment media and some powerful interests.

This comes at the same time that multiple award-winning mainstream media journalists and declassified documents are exposing that mainstream media outlets are paid by and run by corporations, governments and intelligence agencies. You can see a few examples in [this](#) article, as well as links to some interesting [documents](#). It goes into greater detail on the subject.

The truth is, for years the human population, especially in the west, has been, deliberately manipulated. Our thoughts, ideas and perceptions with regards to certain areas, like geopolitics, is, for the lack of a better word, literally programmed into us. Many of us, and most of us, for a very long time never really thought for ourselves, we’ve kind of been in zombie mode you could say.

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For the past few years though, this clearly changed, and more and more people have been questioning what is really going on behind the scenes. This was a result of massive amounts of information that leaked out in the form of credible journalism from various independent media outlets.

There has been a deliberate manipulation of the opinions of the masses, and that those who manipulate this “unseen mechanism, constitute an invisible government which is the true ruling power” of global geopolitics. Our minds are “molded, our tastes formed” and our ideas are “suggested, largely by men we have never heard of.” ([Edward Bernays](#))

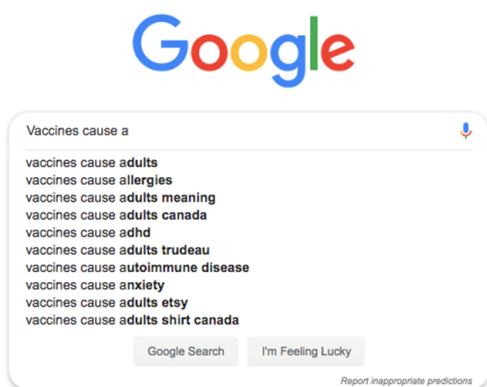
*Continued on Page 40*



## Alternatives to Google & Why

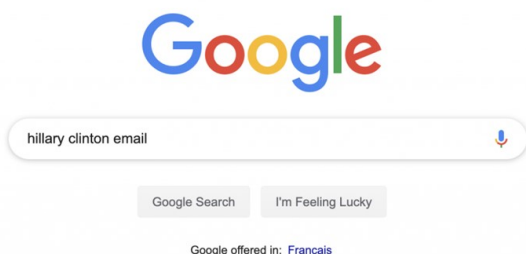
All this said, when you search for things on Google, you will see what Google wants you to see, and it WILL shape the narrative by which you see your world. It will also push you to search for certain things over others.

Here is a great example. When you type in “vaccines cause a”, nowhere in the list do you see autism, even though that is one of the most searched terms on the subject. Instead, you see a very different list, see below.

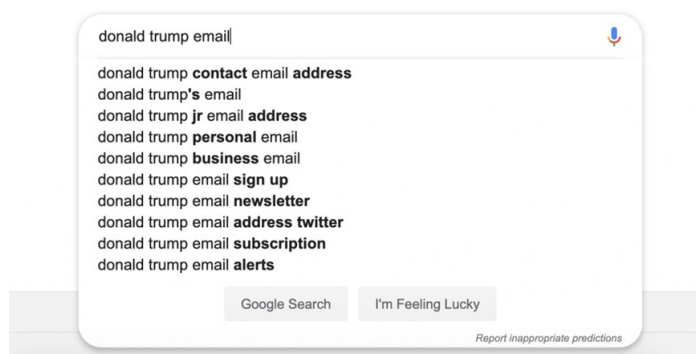


Another great example would be anyone trying to search about the Hillary Clinton email scandal.

If you type in “Hillary Clinton email” you get no suggestions at all.



But if you tested that against “Donald trump email” you get normal suggestions.



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As per an admission from Google executive Jen Genii, this is because Google is trying to draw a line in the sand and tell people what’s right and what’s wrong in our world. You can learn more about [her statements here](#).

The day we are shut down from questioning, and forced into measures and information against our own will is the day everybody should know something is very wrong.

Being a researcher myself, the amount Google has changed over the past 10 years is pretty crazy, and it’s no longer a useful neutral search engine as many sources of information have been completely blocked by their algorithms.

Here at CE, we don’t use Google anymore for pretty well any of our searches. We are also in the process of moving away from any other Google products we use like Gmail. Currently, most of us use DuckDuckGo here at CE.



*A Complete List of Alternatives to The Google Search Engine*  
Continued from Page 40

Here is a great list of alternatives you can try instead of Google. It's interesting to compare search topics and see what comes up compared to Google:

Here are ten alternatives to Google search:

- [Start Page](#) – Start Page gives you Google search results, but without the tracking (based in the Netherlands).
- [Searx](#) – A privacy-friendly and versatile metasearch engine that's also [open source](#).
- [MetaGer](#) – An open source metasearch engine with good features, based in Germany.
- [SwissCows](#) – A zero-tracking private search engine based in Switzerland, hosted on [secure Swiss infrastructure](#).
- [Qwant](#) – A private search engine based in France.
- [DuckDuckGo](#) – A private search engine based in the US.
- [Mojeek](#) – The only true search engine (rather than metasearch engine) that has its own crawler and index (based in the UK).
- [YaCy](#) – A decentralized, open source, peer-to-peer search engine.
- [Givero](#) – Based in Denmark, Givero offers more privacy than Google and combines search with charitable donations.
- [Ecosia](#) – Ecosia is based in Germany and donates a part of revenues to planting trees.

## The Takeaway

At the end of the day, truth in all areas that surround humanity cannot be stopped. The simple fact that 'they' had to de-platform, de-monetize and censor various media outlets around the globe, all except the small handful of mainstream media outlets, simply exposed even more what's really going on here.

As much as this seems rough, this is inspiring. The global elite is losing so much power that their desperation is kicking in. And just because works of fiction might suggest that sometimes the "bad guys" win, does not mean it's going to happen here. In fact, I know you can feel that we are going to make through a big shift here, and acts like this further reveal the truth to the people. Keep on thinking for

yourself and connecting with who you truly are, it's the way forward!

## [You Can Help Stop The 5G Infrastructure](#)

We plan to investigate the telecom industry, it's ties to politics, and expose its efforts to push 5G while ignoring the dangers and without proper safety testing, but we can't do it without your support.

We've launched a funding campaign to fuel our efforts on this matter as we are confident, we can make a difference and have a strong plan to get it done.

Check out our plan and [join our campaign here](#).